

Food Pantry, LAX

Special points of interest:

- We distribute on Tuesday and Friday, 10:00 a.m.—12 noon.
- 355 E. Beach Avenue Inglewood, CA 90302 310-677-5597
- Tuesday and Friday Manager: Dorothy Nino

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Manna: Food provided by God to the Israelites during their journey to the promised land

MANNA



Volume XXXV

November 2016

Sunday, October 23rd marked the 26th Annual Hunger Walk for the Westside Food Bank. The Hunger Walk is a, “5K stroll along the beach to raise funds and awareness about local hunger.”

Over the years several members of our community have participated in the Hunger Walk in support of Food Pantry-LAX. Two of our strongest walkers are Nick Crowley and Deacon Guy Wauthy.

Nick Crowley first participated in Covenant Presbyterian’s CROP Hunger Walk in the 1980’s.

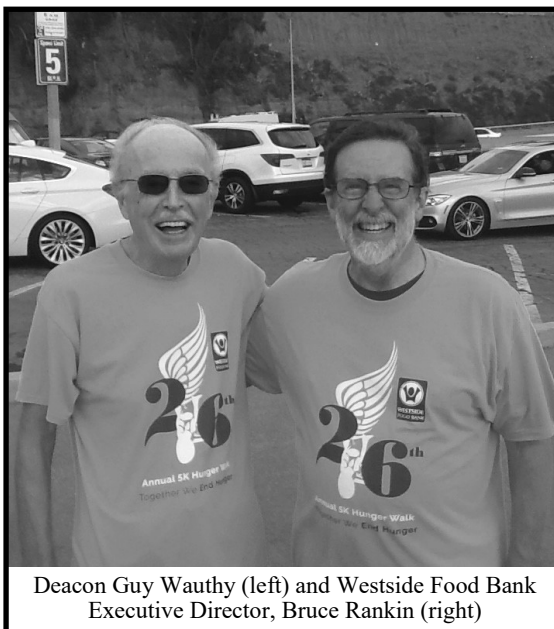
When someone told him about the Westside Food Bank’s Hunger Walk he began to participate in that too. In all Nick estimates he has been walking to end hunger in the community for 30+ years!

Guy first became involved with Food Pantry-LAX in 2008 by invitation from former Board President, Judy Holland. She invited him to the annual meeting in the Spring of that year and a few months later the Westchester Clergy Asso-

ciation asked Deacon Guy to act as their representation on the Board of Directors. At a September 2008 Food Pantry-LAX Board Meeting someone men-

thousand dollars for Food Pantry-LAX with annual contributions varying from several hundreds to over a thousand dollars per year. 75% of the funds raised are used as a credit for Food Pantry-LAX to buy whatever food it needs from the Westside Food Bank. The remaining 25% goes to the Westside Food Bank’s operating costs. All of the funds raised are used in support of those in need of food throughout the year.

In order to raise so much money Guy and Nick must reach out to those in the community for sponsorship. Guy has an email list of 500-600 people who he asks for donations. He sends an initial email to the group and then sends a reminder email 10 days before the walk. After the walk is over he sends a personalized email to each sponsor thanking them for their support and letting them know how much money was raised that year. Nick directs interested individuals to the Hunger Walk sponsors page where they



Deacon Guy Wauthy (left) and Westside Food Bank Executive Director, Bruce Rankin (right)

tioned the annual Hunger Walk. Guy volunteered to participate on behalf of Food Pantry-LAX along with Scott Tanner.

In the first two years of his participation, Guy walked to represent Food Pantry-LAX. In the middle of the recession in 2010, Guy realized the Food Pantry needed money and started participating in the fund raising side of the Hunger Walk. From 2010 to 2016, Guy has raised \$17,780. Nick has raised many

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Hot Lunch Program

St. Jerome Catholic Church

5550 Thornburn Street
Los Angeles, CA 90045
Hot meals served to those in need every 3rd Saturday of the month from 10:30am to noon.

Too often we underestimate the power of touch, a smile, a kind word, a listening ear, an honest compliment, or the smallest act of caring, all of which have the potential to turn someone's life around.

~ Leo Buscaglia



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can make a donation. Finding sponsors is an incredible labor of love! Of this work Guy has said, "This is my little

contribution to Food Pantry-LAX." And Nick has said, "It's a good feeling to help those who are less fortunate."

Nick often encourages friends to join him at the Hunger Walk. This past year they even brought a dog along for company. He says it's good exercise and comes with the added benefit of helping those in need.

Food Pantry-LAX is incredibly grateful to Nick, Guy, and all those who have walked on behalf of the Food Pantry over the years. Their generosity has been a great blessing to us. ♦

Thanksgiving Turkey Giveaway

This Thanksgiving, Food Pantry-LAX was able to give away 50 turkeys to families in need. The holidays are a particularly difficult time to be without and Food Pantry-LAX is pleased to spread the holiday cheer!

Photo right: A happy family holding up their Thanksgiving turkey!

Photo below: Customers lining up for their weekly bag of groceries and a Thanksgiving turkey. ♦



In Other News...

The Stephanie Younger realtors group donates a percentage of their commission to non-profit organizations. They often donate to Food Pantry-LAX and have given us a number of checks from sale closings in the past year. They have a policy of donating a part of their commission to the charity



of the seller's choice and frequently recommend Food Pantry-LAX. We are grateful for all of the local businesses and individuals who contribute to those in need via the Food Pantry.



Food Pantry-LAX now has a Facebook page! Please like and share the page with your friends. Our page is used to share urgent requests/needs and periodic updates about the goings-on at Food Pantry-LAX.



Additionally, we also have a website that is up and running at **foodpantrylax.org**. The website includes a history of Food

Pantry-LAX, a page with information for making donations, the location of local soup kitchens/hot lunch programs, previous newsletters, a list of sponsoring local churches, links to related websites, a list of our Board members, and our contact information.

Feel free to use our website and Facebook page to contact Food Pantry-LAX about donations and volunteering efforts. ♦

Christmas Bag-It-Up Program

Each year Food Pantry-LAX invites members of the community to put together a bag of groceries to be distributed to Food Pantry-LAX customers in the week leading up to Christmas. Hundreds of bags of groceries are donated annually. Each bag includes:

- 1 large can or 2 small cans of chicken, beef, or ham (must not require refrigeration)

- 1 pkg. of potatoes (mashed/scalloped/ etc.)
- 2 cans (15oz each) of vegetables
- 1 can (15oz) fruit
- 1 can soup (no broth)
- 1 pkg. pudding or jello
- 1 jar (18oz) peanut butter or jam (no glass please)
- 1 pkg. pie crust and filling or cake mix and frosting
- 1 box dry cereal

- 1 pkg. Bisquick
- 1 box macaroni and cheese

Even though Bag-It-Up ends in December, these items can be donated to Food Pantry-LAX year round. Many thanks to those who have participated for many years!



Without a sense of caring, there can be no sense of community.

~ Anthony J. D'Angelo

Never believe that a few caring people can't change the world. For, indeed, that's all who ever have.

~ Margaret Mead

Caring about others, running the risk of feeling, and leaving the impact on people, brings happiness.

~ Harold Kushner

A Ministry of the Westchester/Ladera Clergy Association since 1985

Food Pantry, LAX

located at:
355 E. Beach Avenue
Inglewood, CA 90302
Phone: 310-677-5597

Between La Brea &
Centinela; one block
North of Florence Ave.

Mailing Address:

8726 S. Sepulveda Blvd.
Suite D PMB 741
Westchester, CA 90045

Email Address

FoodPantryLAX
@Gmail.com

**All donations
are appreciated.**



Thanks to
members of the
Westchester
Clergy
Association for
their support of
Food Pantry-
LAX.

OUR MISSION: Food Pantry, LAX is an emergency food resource for low-income clients in Inglewood, Westchester, El Segundo, Hawthorne and portions of Los Angeles. Our policy is to provide food for 2 days or six meals to our clients. Clients may come to the Pantry once per week.

BOARD OF DIRECTORS

W. Scott Tanner, President
Johnny Albano, Vice President
Willie Hodges, Treasurer
Hannah Nolan, Secretary

Board Members:

Dorothy Nino Mary Thompson
Deacon Guy Wauthy Ed Hayes
Biz Tanner

VOLUNTEERS NEEDED

Food Pantry-LAX is unique in that it is entirely volunteer run, we have no paid employees. We have many volunteers who come to help prepare bags of groceries every Tuesday and Friday, we are in need of additional volunteers who can help us with the following parts of our service. If you are able to help please contact us via email at FoodPantryLAX@gmail.com

Grocery Store Runs

Every week several of our volunteers visit local grocery stores to buy perishable items we are unable to procure through donations and possibly canned goods (if we happen to be running low for some reason). The groceries are purchased and taken to the Food Pantry where they are unloaded into either the refrigerators or set on the counters for volunteers to put away on the next service day. If you are interested in helping with the grocery runs please let us know!

Sunday Farmer's Market Pick-up

The Santa Monica Farmer's Market donates unsold produce to Food Pantry-LAX after their Sunday market. This volunteer service requires a large car (van, truck, suburban, etc.) and a few hours on Sunday afternoons from about 1-3pm. Food is picked up from the Farmer's Market in Santa Monica and taken to the Food Pantry where it is stored in the refrigerators.

Westside Food Bank Pick-up

Each week we pick up between 1500 and 1700 lbs. of goods (cans, packaged food, produce) from the Westside Food Bank. We are always in need of volunteers who have a car, truck or van large enough for the pickup who can pick up from the Westside Food Bank on Thursday mornings at 7am and deliver it to Food Pantry-LAX around 8am. Additional volunteers willing to help unload the food from the vehicle are also welcome.

Tuesday and Friday Volunteers

Volunteers are always needed at the Pantry, especially on Tuesdays from 9am to 12pm each week. If you can work one day a week, or one day a month, we would love to have you. To volunteer your services please call Dorothy Nino at the Pantry on any Friday, 8:00am to 12:00pm at: 310-677-5597